

CONTENT - Forms & Staging

Forms are the skeleton of which every show/routine are built around. Forms and Staging go hand in hand. You can't have successful forms without good staging, and you can't have successful staging without good forms.

**How to get started:*

- Listen and chart your music.*
- Find spots where appropriate movement should take place.*
- The more you listen the more you will start to "see" the Movement.*

**Things to remember while writing your forms:*

- Your opening form/forms need to draw in and capture the Audience/judges immediately.*
- Movement draws focus.*
- Density Creates tension -*
- Leveling your forms creates interest, texture, and a Different picture within the form.*
- Use different ways to connect your forms.*
 - 1. Morphing - Creates an element of surprise*
 - 2. Follow the leader - directs the eye where to go*

**3. Moving different groups of dancers at different times
- creates interest and texture.**

- Don't move too fast from form to form. Don't forget to take Time to dance.**
- Think about how long it will take to transition from form to Form. Sometimes the transitions are small and subtle, Other times they can take longer to develop. Both are Great and work in different ways.**
- Don't be afraid to experiment. Forms don't always Translate from paper to the gym floor.**

***Things to think about when staging your routine:**

- Determine where you want your focus**

***Again, MOVEMENT DRAWS FOCUS**

- Don't waste good choreography. Use simple, but Complimentary choreography as a back drop as You highlight a specific group.**
- Leveling can be used to highlight a specific group.**
- Use of direction can manipulate focus, and can change The picture.**
- Use some kind of organized chaos as your staging To manipulate where you want your dancers to be.**
- Transitions also need good "staging". Be logical When transitioning your forms.**